

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 1
16-10-2011

Meisjes, 200m wisselslag

Minioren 5 en Junioren 1
Resultaten

Rang					In.tijd		Tijd
1.	Lianne Bouwmeester			Oceanus	2:53.31	200000956	2:52.95
	50m: 38.11	200m: 2:52.95					
2.	Hannah Bervoets			Zaanstad (SG)	3:03.02	200000726	3:02.64
	50m: 41.69	200m: 3:02.64					
3.	Rowie Kamp			De Reuring	3:08.33	200001706	3:05.07
	50m: 41.04	200m: 3:05.07					
4.	Saskia van der Velden			DAW	3:15.22	200001478	3:12.00
	50m: 41.56	200m: 3:12.00					
5.	Simone Anvelink			MSV- Zeemacht	3:21.57	200001546	3:13.05
	50m: 47.55	200m: 3:13.05					
6.	Kaylin Stel			De Dolfijn	3:10.07	200100290	3:14.07
	50m: 45.76	200m: 3:14.07					
7.	Shira de Haan			OEZA	3:26.16	200001130	3:19.76
	50m: 46.51	200m: 3:19.76					
8.	Isaa Ebbinge			Oceanus	3:24.45	200001314	3:23.04
	50m: 49.22	200m: 3:23.04					
9.	Viveka Verhage			DAW	3:35.06	200001480	3:24.07
	50m: 47.93	200m: 3:24.07					
10.	Ilja Wijnker			MSV- Zeemacht	NT	200003900	3:33.76
	50m: 50.12	200m: 3:33.76					
11.	Naomi Buur			OEZA	3:41.83	200101520	3:35.30
	50m: 53.57	200m: 3:35.30					
12.	Femke Ritman			Kzc	3:41.83	200100286	3:38.84
	50m: 54.45	200m: 3:38.84					
13.	Nora Errachidi			De Dolfijn	NT	200004938	3:56.47
	50m: 56.97	200m: 3:56.47					
14.	Nouna Chelbi			De Dolfijn	NT	200004940	4:02.75
	50m: 1:03.09	200m: 4:02.75					
DIS	Jose Bijl			Het Y	3:32.45	200100948	3:35.28 VB
	<i>VB - Beide armen niet tezamen naar voren en/of gelijktijdig achterwaarts gebracht.</i>						
	50m: 49.80	200m: 3:35.28					

Programmanr. 2
16-10-2011

Jongens, 200m wisselslag

Minioren 5 en 6
Resultaten

Rang					In.tijd		Tijd
1.	Dennis Weening			Oceanus	2:43.54	200000815	2:42.80
	50m: 36.11	200m: 2:42.80					
2.	Martin Ruiters			De Houtrib	2:49.76	200001309	2:48.32
	50m: 37.90	200m: 2:48.32					
3.	Nick van der Woude			ZV Haerlem	3:00.31	200001391	2:56.94
	50m: 41.24	200m: 2:56.94					
4.	Friso Datema			DAW	3:03.44	200003027	3:08.32
	50m: 47.10	200m: 3:08.32					
5.	Sebastian van der Born			Oceanus	3:30.42	200000805	3:31.68
	50m: 49.37	200m: 3:31.68					

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Programmanr. 2, Jongens, 200m wisselslag, Minioren 5 en 6

Rang					In.tijd		Tijd
6.	Ivar Oldenhof		De Dolfijn		3:28.94	200000081	3:34.81
	50m: 53.25	200m: 3:34.81					
7.	Tobias van den Nieuwendijk		Zv Aquarius		NT	200100747	3:39.41
	50m: 53.31	200m: 3:39.41					
8.	Jarno Groen		OEZA		NT	200102263	3:40.90
	50m: 53.60	200m: 3:40.90					
9.	Niels Martens		Kzc		3:39.83	200100111	3:41.04
	50m: 55.21	200m: 3:41.04					
10.	Yassine Belhadaoui		Zaanstad (SG)		3:57.34	200003531	3:42.39
	50m: 53.12	200m: 3:42.39					
11.	Anvar Veldt		De Dolfijn		3:46.97	200100281	4:02.52
	50m: 1:07.16	200m: 4:02.52					
12.	Stefan Woudsma		OEZA		NT	200003437	4:02.88
	50m: 1:08.41	200m: 4:02.88					
DIS	Ivar Kramer		Zaanstad (SG)		NT	200101647	4:18.87VC
	<i>VC - Armen niet over het water naar voren gebracht.</i>						
	50m: 1:06.92	200m: 4:18.87					

Programmanr. 3
16-10-2011

Dames, 200m wisselslag

Junioreren 2 en ouder
Resultaten

Rang					In.tijd		Tijd
1.	Mirl de Boer		DAW		2:48.46	199700468	2:29.59
	50m: 33.09	200m: 2:29.59					
2.	Alice Bravo		Het Y		2:31.75	198705346	2:31.88
	50m: 32.27	200m: 2:31.88					
3.	Chantal Grove		Oceanus		2:36.51	199401844	2:35.87
	50m: 33.15	200m: 2:35.87					
4.	Tamara Grove		Oceanus		2:34.03	199601266	2:36.43
	50m: 33.51	200m: 2:36.43					
5.	Serena Stel		De Dolfijn		2:33.05	199801528	2:36.81
	50m: 35.16	200m: 2:36.81					
6.	Yvanna Zuurveld		DAW		2:41.86	199702998	2:38.11
	50m: 35.23	200m: 2:38.11					
7.	Noa Oldenhof		De Dolfijn		2:38.79	199700622	2:39.10
	50m: 34.04	200m: 2:39.10					
8.	Rafaëlla van Nee		De Dolfijn		2:49.78	199900358	2:40.26
	50m: 36.54	200m: 2:40.26					
9.	Lisanne van Zijl		Zaanstad (SG)		2:44.03	199505454	2:43.17
	50m: 35.46	200m: 2:43.17					
10.	Eva van der Born		Oceanus		2:46.00	199702380	2:43.74
	50m: 36.24	200m: 2:43.74					
11.	Maxine Alfonsi		DAW		2:38.03	199502900	2:45.83
	50m: 34.71	200m: 2:45.83					
12.	Tess de Boer		DAW		2:43.62	199601516	2:47.14
	50m: 35.43	200m: 2:47.14					
13.	Sandra Zwaanswijk		DAW		2:47.54	198503934	2:47.20
	50m: 34.53	200m: 2:47.20					

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Programmanr. 3, Dames, 200m wisselslag, Junioren 2 en ouder

Rang					In.tijd		Tijd
14.	Tamara Uijtewaal			Zaanstad (SG)	2:52.30	199404852	2:47.97
	50m: 34.68	200m: 2:47.97					
15.	Silke Jonk			DAW	2:48.80	199802042	2:48.61
	50m: 36.79	200m: 2:48.61					
16.	Mariska van Engeldorp			Zv Aquarius	2:33.49	199502326	2:48.90
	50m: 34.18	200m: 2:48.90					
17.	Rebecca Martens			DAW	2:50.67	199604352	2:49.06
	50m: 35.53	200m: 2:49.06					
18.	Kelsey Okkers			Zaanstad (SG)	2:48.24	199801062	2:50.13
	50m: 37.32	200m: 2:50.13					
19.	Melina Knol			Zaanstad (SG)	2:47.05	199802232	2:50.50
	50m: 36.07	200m: 2:50.50					
20.	Lisa Brantjes			Kzc	2:48.41	199800950	2:50.54
	50m: 38.74	200m: 2:50.54					
21.	Elise Dekker			De Dolfijn	2:47.80	199700976	2:52.43
	50m: 37.40	200m: 2:52.43					
22.	Luca Ebbinge			Oceanus	2:53.00	199802406	2:52.66
	50m: 37.36	200m: 2:52.66					
23.	Chantal Beijer			ZV Haerlem	2:53.11	199700884	2:52.96
	50m: 37.08	200m: 2:52.96					
24.	Fabiënne Vork			Oceanus	2:57.96	199902494	2:54.43
	50m: 38.58	200m: 2:54.43					
25.	Dieuwertje Jorink			DAW	2:42.17	199302306	2:54.48
	50m: 37.77	200m: 2:54.48					
26.	Anouk van Noord			Oceanus	2:56.94	199901294	2:54.65
	50m: 37.20	200m: 2:54.65					
27.	Linda Böhm			ZV Haerlem	3:02.62	199703164	2:55.60
	50m: 38.31	200m: 2:55.60					
28.	Kyra Wijnker			MSV- Zeemacht	3:01.88	199803342	2:58.13
	50m: 40.69	200m: 2:58.13					
29.	Denise Boonstra			DAW	2:59.74	199902662	3:00.10
	50m: 39.48	200m: 3:00.10					
30.	Aïcha Croes			De Dolfijn	2:59.79	199803338	3:00.44
	50m: 40.59	200m: 3:00.44					
31.	Kimberley Kort			DAW	3:06.82	199804698	3:00.64
	50m: 39.04	200m: 3:00.64					
32.	Naomi te Lindert			DAW	3:16.43	199904782	3:00.89
	50m: 41.68	200m: 3:00.89					
33.	Leonie Vos			DAW	3:01.02	199901662	3:00.98
	50m: 40.90	200m: 3:00.98					
34.	Lisa Martelhoff			Het Y	3:00.04	199504258	3:01.43
	50m: 39.64	200m: 3:01.43					
35.	Carmen Roskam			Oceanus	2:54.37	199603562	3:01.76
	50m: 38.05	200m: 3:01.76					
36.	Isabel van den Nieuwendijk			Zv Aquarius	2:59.38	199803222	3:02.12
	50m: 40.02	200m: 3:02.12					
37.	Cheryl Zethof			Oceanus	3:00.35	199801314	3:02.82
	50m: 42.34	200m: 3:02.82					

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Programmanr. 3, Dames, 200m wisselslag, Junioren 2 en ouder

Rang					In.tijd		Tijd
38.	Marieke de Rooij	W.Z. & P.C. Triton	2:51.69	199501674	3:02.84		
	50m: 36.75 200m: 3:02.84						
39.	Beau van der Jagt	Oceanus	3:04.80	199702696	3:03.39		
	50m: 40.26 200m: 3:03.39						
40.	Esther Beerling	W.Z. & P.C. Triton	3:06.56	198400120	3:05.98		
	50m: 39.18 200m: 3:05.98						
41.	Desiree Veenstra	MSV- Zeemacht	3:20.92	199704886	3:08.89		
	50m: 43.86 200m: 3:08.89						
42.	Tess Pagano Mirani	Oceanus	3:01.88	199902102	3:10.20		
	50m: 44.96 200m: 3:10.20						
43.	Myrthe van Beek	DAW	3:24.20	199901074	3:11.60		
	50m: 40.18 200m: 3:11.60						
44.	Susan Beemsterboer	De Reuring	3:18.21	199904158	3:16.11		
	50m: 41.08 200m: 3:16.11						
45.	Aurian Veldt	De Dolfijn	3:13.80	199901758	3:16.84		
	50m: 51.43 200m: 3:16.84						
46.	Nienke van der Zee	W.Z. & P.C. Triton	3:11.84	199802808	3:19.18		
	50m: 42.25 200m: 3:19.18						
47.	Nikki Zandbergen	MSV- Zeemacht	3:40.68	199802776	3:35.24		
	50m: 48.15 200m: 3:35.24						
DIS	Simone Huisman	Oceanus	3:04.66	199802402			AF
	<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
DIS	Bibi Stokvis	DAW	2:58.17	199900892	2:52.94	SD	
	<i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i>						
	50m: 39.37 200m: 2:52.94						
DIS	Marit Plat	Oceanus	NT	199407396	3:07.21	RF	
	<i>RF - Na loslaten van het keerpunt de rugligging niet aangenomen.</i>						
	50m: 43.09 200m: 3:07.21						
AFGEM	Femke Stevens	Zaanstad (SG)	3:01.08	199901546			
NG	Lotte Hoogeterp	DAW	3:00.90	199703878			

Programmanr. 4
16-10-2011

Heren, 200m wisselslag

Junioren 1 en ouder
Resultaten

Rang					In.tijd		Tijd
1.	Thom de Boer	DAW	2:15.47	199100181	2:13.08		
	50m: 26.95 200m: 2:13.08						
2.	Jan-Willem v.d. Graaff	Het Y	2:21.98	198901023	2:19.25		
	50m: 30.80 200m: 2:19.25						
3.	Tim Bunnik	W.Z. & P.C. Triton	2:21.36	199000505	2:20.49		
	50m: 29.87 200m: 2:20.49						
4.	Lars Haarsma	De Dolfijn	2:18.58	199600745	2:21.62		
	50m: 30.07 200m: 2:21.62						
5.	Daan Glorie	Het Y	2:26.23	198801115	2:22.58		
	50m: 30.03 200m: 2:22.58						
6.	Wessel de Jong	Oceanus	2:25.09	199601447	2:23.57		
	50m: 30.40 200m: 2:23.57						
7.	Michael van Dam	Hpc	NT	9401501	2:23.90		
	50m: 30.01 200m: 2:23.90						

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Programmanr. 4, Heren, 200m wisselslag, Junioren 1 en ouder

Rang					In.tijd		Tijd
8.	Frans Bijl		Het Y		2:24.90	199401319	2:25.52
	50m: 31.64	200m: 2:25.52					
9.	Jory van der Gracht		OEZA		2:24.23	198701097	2:26.41
	50m: 29.83	200m: 2:26.41					
10.	Thomas Verouden		Oceanus		2:28.78	199602855	2:26.86
	50m: 32.10	200m: 2:26.86					
11.	Lars van der Velden		DAW		2:33.61	199800175	2:27.65
	50m: 31.12	200m: 2:27.65					
12.	Sander van Elburg		Het Y		2:27.42	198800937	2:29.44
	50m: 31.21	200m: 2:29.44					
13.	Martijn de Mercado		Oceanus		2:37.62	199502213	2:30.07
	50m: 31.50	200m: 2:30.07					
14.	Kevin Schaaf		ZV Haerlem		2:31.67	199602603	2:31.84
	50m: 33.05	200m: 2:31.84					
15.	Arjan Bellaart		Oceanus		2:30.57	196900079	2:32.25
	50m: 31.36	200m: 2:32.25					
16.	Gerben Rozie		MSV- Zeemacht		2:32.20	199002507	2:35.15
	50m: 33.47	200m: 2:35.15					
17.	Martijn van der Zwaard		Oceanus		2:45.10	199602343	2:37.67
	50m: 33.72	200m: 2:37.67					
18.	Bart Sommeling		Oceanus		2:36.98	199800765	2:37.68
	50m: 34.61	200m: 2:37.68					
19.	Sander Kirillova		De Dolfijn		2:42.41	199800121	2:39.29
	50m: 35.52	200m: 2:39.29					
20.	Rick de Mercado		Oceanus		2:38.10	199700673	2:39.41
	50m: 32.64	200m: 2:39.41					
21.	Menno Koolhaas		Oceanus		2:52.24	199505863	2:40.87
	50m: 33.63	200m: 2:40.87					
22.	Dani Hoetmer		DAW		2:39.59	199604503	2:41.05
	50m: 35.49	200m: 2:41.05					
23.	Robin Stammes		De Reuring		2:44.62	199202809	2:41.46
	50m: 36.18	200m: 2:41.46					
24.	Wesley Bos		Hpc		2:44.02	9901241	2:42.92
	50m: 35.23	200m: 2:42.92					
25.	Jasper Falk		DAW		2:45.11	199502785	2:45.75
	50m: 36.17	200m: 2:45.75					
26.	Bonk Stout		De Dolfijn		2:55.63	199902181	2:49.13
	50m: 38.32	200m: 2:49.13					
27.	Jordi de Nijs		MSV- Zeemacht		2:52.63	199801851	2:49.68
	50m: 34.43	200m: 2:49.68					
28.	Simon Koopen		WZ&PC Purmerend		2:59.36	199802127	2:50.07
	50m: 35.43	200m: 2:50.07					
29.	Gerard Hoedjes		DAW		NT	198701363	2:51.57
	50m: 31.65	200m: 2:51.57					
30.	Martijn Falk		DAW		2:59.20	199601457	2:51.71
	50m: 42.49	200m: 2:51.71					
31.	Casper Gras		Zaanstad (SG)		2:46.42	199200403	2:51.88
	50m: 36.31	200m: 2:51.88					

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Programmanr. 4, Heren, 200m wisselslag, Junioren 1 en ouder

Rang					In.tijd		Tijd
32.	Matthijs Helling		Oceanus	2:57.40	199601043		2:52.36
	50m: 35.62	200m: 2:52.36					
33.	Daan Sommeling		Oceanus	2:55.48	199900767		2:52.90
	50m: 37.73	200m: 2:52.90					
34.	Mike Morianner		Kzc	2:54.38	199902137		2:53.80
	50m: 37.87	200m: 2:53.80					
35.	Bjarne Bruijns		Kzc	2:54.35	199704617		2:55.03
	50m: 42.51	200m: 2:55.03					
36.	Sam Haring		Zwemvereniging Hoorn	2:47.97	199901491		2:55.56
	50m: 35.76	200m: 2:55.56					
37.	Paul Bunnik		W.Z. & P.C. Triton	2:56.49	195600413		2:56.88
	50m: 36.19	200m: 2:56.88					
38.	Thomas Haneveld		DAW	2:55.41	199801631		2:58.04
	50m: 39.33	200m: 2:58.04					
39.	Sander de Weert		OEZA	NT	197201453		3:05.68
	50m: 39.20	200m: 3:05.68					
40.	Raoul Lieverst		Zaanstad (SG)	3:10.45	199900713		3:10.06
	50m: 40.96	200m: 3:10.06					
41.	Mitchell Gonesh		Oceanus	3:18.36	199900765		3:11.21
	50m: 42.53	200m: 3:11.21					
42.	Tim Wassenaar		Zaanstad (SG)	3:05.40	199901869		3:13.72
	50m: 46.20	200m: 3:13.72					
43.	Kaj van der Pal		Kzc	3:16.20	199902135		3:16.08
	50m: 48.98	200m: 3:16.08					
44.	Gijs v.d. Woord		Hpc	3:30.15	9700059		3:17.22
	50m: 46.20	200m: 3:17.22					
45.	Olaf van der Zwaard		Oceanus	3:45.66	199802777		3:22.28
	50m: 46.94	200m: 3:22.28					
46.	Daan In de Braekt		Zaanstad (SG)	3:28.00	199900571		3:25.75
	50m: 46.53	200m: 3:25.75					
47.	Hugo van Wezenbeek		Kzc	3:47.06	199804157		3:44.65
	50m: 50.73	200m: 3:44.65					
DIS	Christiaan Zwaal		MSV- Zeemacht	2:27.20	199503881		2:27.22SL
	<i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i>						
	50m: 29.73	200m: 2:27.22					
DIS	Brian Otjes		Zv Aquarius	3:12.48	199901135		3:06.69RF
	<i>RF - Na loslaten van het keerpunt de rugligging niet aangenomen.</i>						
	50m: 37.04	200m: 3:06.69					
DIS	Joppe van Beek		DAW	3:18.27	199900627		3:16.42VL
	<i>VL - Tijdens de race op de rug gedraaid.</i>						
	50m: 40.98	200m: 3:16.42					
DIS	Barry van Engeldorp		Zv Aquarius	3:24.93	199900089		3:21.77SK
	<i>SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.</i>						
	50m: 43.77	200m: 3:21.77					
DIS	Sven Martens		Kzc	3:44.06	199801445		3:39.22VD+VB
	<i>VD - Schoolslagbenen gezwommen of andere stuwende beweging in het horizontale vlak.</i>						
	50m: 57.50	200m: 3:39.22					
NG	Quintin Trausel		A.Z.V.D.	2:22.67	198703403		

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 5
16-10-2011

200m vrije slag

Minioren 3 en 4
Resultaten

Rang					In.tijd		Tijd
Minioren 3 en 4, Meisjes							
1.	Jane Sommeling			Oceanus	3:12.13	200200406	3:10.61
	50m: 41.95	100m: 1:32.14	200m: 3:10.61				
2.	Tara van Leeuwen			Kzc	NT	200201112	3:10.91
	50m: 44.58	100m: 1:34.31	200m: 3:10.91				
3.	Marina van Eyken			De Dolfijn	NT	200201196	3:14.64
	50m: 41.68	100m: 1:31.87	200m: 3:14.64				
4.	Sarah el Bacha			De Dolfijn	NT	200201104	3:39.63
	50m: 51.34	100m: 1:48.17	200m: 3:39.63				
5.	Rosa Ebbinge			Oceanus	3:49.69	200200904	3:49.40
	50m: 53.56	100m: 1:55.39	200m: 3:49.40				
NG	Anouk Braaksma			Zv Aquarius	NT	200200840	
Minioren 3 en 4, Jongens							
1.	Thomas Weening			Oceanus	NT	200200523	3:06.76
	50m: 42.16	100m: 1:31.26	200m: 3:06.76				

Programmanr. 6
16-10-2011

Meisjes, 400m vrije slag

Minioren 5 en Junioren 1
Resultaten

Rang					In.tijd		Tijd
1.	Simone Anvelink			MSV- Zeemacht	5:51.44	200001546	5:46.00
	50m: 39.76	100m: 1:21.98	200m: 2:50.25	400m: 5:46.00			
2.	Hannah Bervoets			Zaanstad (SG)	6:30.67	200000726	5:51.32
	50m: 38.92	100m: 1:22.36	200m: 2:53.83	400m: 5:51.32			
3.	Lianne Bouwmeester			Oceanus	5:48.70	200000956	5:54.43
	50m: 38.80	100m: 1:22.99	200m: 2:54.10	400m: 5:54.43			
4.	Rowie Kamp			De Reuring	6:17.92	200001706	6:09.67
	50m: 40.28	100m: 1:25.28	200m: 2:59.76	400m: 6:09.67			
5.	Kaylin Stel			De Dolfijn	6:20.46	200100290	6:12.18
	50m: 40.95	100m: 1:26.81	200m: 3:02.54	400m: 6:12.18			
6.	Isaa Ebbinge			Oceanus	6:16.46	200001314	6:15.18
	50m: 45.26	100m: 1:32.95	200m: 3:09.23	400m: 6:15.18			
7.	Saskia van der Velden			DAW	6:21.04	200001478	6:16.56
	50m: 42.75	100m: 1:29.48	200m: 3:05.66	400m: 6:16.56			
8.	Viveka Verhage			DAW	6:42.70	200001480	6:21.78
	50m: 43.75	100m: 1:31.87	200m: 3:09.07	400m: 6:21.78			
9.	Giulia Corsi			Oceanus	6:18.69	200100468	6:33.92
	50m: 46.14	100m: 1:36.48	200m: 3:19.10	400m: 6:33.92			
10.	Shira de Haan			OEZA	6:43.19	200001130	6:39.90
	50m: 42.53	100m: 1:33.44	200m: 3:20.06	400m: 6:39.90			
11.	Femke Ritman			Kzc	6:42.10	200100286	6:40.55
	50m: 42.41	100m: 1:32.51	200m: 3:15.36	400m: 6:40.55			
12.	Sam Eveleens			Oceanus	7:00.53	200100508	6:45.20
	50m: 43.91	100m: 1:35.80	200m: 3:20.56	400m: 6:45.20			

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 6, Meisjes, 400m vrije slag, Minioren 5 en Junioren 1

Rang							In.tijd		Tijd
13.	Ilja Wijnker				MSV- Zeemacht		NT	200003900	6:47.84
	50m: 47.69	100m: 1:39.29	200m: 3:23.93	400m: 6:47.84					
14.	Amber Bellaart				Oceanus		7:42.44	200101260	6:48.36
	50m: 45.70	100m: 1:36.82	200m: 3:23.64	400m: 6:48.36					
15.	Jose Bijl				Het Y		6:45.80	200100948	6:52.68
	50m: 46.27	100m: 1:37.32	200m: 3:20.68	400m: 6:52.68					
16.	Emma van Zanten				Oceanus		NT	200102210	6:53.54
	50m: 46.70	100m: 1:38.90	200m: 3:23.87	400m: 6:53.54					
17.	Naomi Buur				OEZA		7:34.88	200101520	6:53.64
	50m: 46.01	100m: 1:38.41	200m: 3:26.06	400m: 6:53.64					
18.	Nora Errachidi				De Dolfijn		NT	200004938	7:32.51
	50m: 44.39	100m: 1:40.04	200m: 3:36.36	400m: 7:32.51					
19.	Anouck Ramdjanamsingh				Oceanus		NT	200100502	7:35.25
	50m: 48.31	100m: 1:43.89	200m: 3:40.49	400m: 7:35.25					
20.	Nouna Chelbi				De Dolfijn		NT	200004940	7:35.48
	50m: 48.50	100m: 1:43.65	200m: 3:40.40	400m: 7:35.48					
21.	Bianca Koster				Zaanstad (SG)		NT	200100630	7:47.00
	50m: 50.87	100m: 1:49.51	200m: 3:52.81	400m: 7:47.00					

Programmanr. 7
16-10-2011

Jongens, 400m vrije slag

Minioren 5 en 6
Resultaten

Rang							In.tijd		Tijd
1.	Ian van Tiel				WZ&PC Purmerend		5:30.26	200000349	5:14.38
	50m: 35.62	100m: 1:14.49	200m: 2:34.94	400m: 5:14.38					
2.	Dennis Weening				Oceanus		5:42.04	200000815	5:20.35
	50m: 36.68	100m: 1:16.29	200m: 2:39.90	400m: 5:20.35					
3.	Martin Ruiter				De Houtrib		5:39.48	200001309	5:20.37
	50m: 35.62	100m: 1:15.93	200m: 2:37.35	400m: 5:20.37					
4.	Nick van der Woude				ZV Haerlem		6:30.96	200001391	5:38.28
	50m: 39.07	100m: 1:22.23	200m: 2:50.63	400m: 5:38.28					
5.	Phil Brantjes				Kzc		6:05.92	200000485	5:43.87
	50m: 39.58	100m: 1:23.78	200m: 2:51.47	400m: 5:43.87					
6.	Friso Datema				DAW		6:34.95	200003027	6:03.42
	50m: 40.59	100m: 1:27.07	200m: 3:00.84	400m: 6:03.42					
7.	Ivar Oldenhof				De Dolfijn		6:43.40	200000081	6:36.61
	50m: 42.26	100m: 1:32.29	200m: 3:16.73	400m: 6:36.61					
8.	Sebastian van der Born				Oceanus		6:47.20	200000805	6:47.67
	50m: 44.50	100m: 1:34.92	200m: 3:19.53	400m: 6:47.67					
9.	Niels Martens				Kzc		6:39.45	200100111	6:54.43
	50m: 46.19	100m: 1:37.80	200m: 3:21.59	400m: 6:54.43					
10.	Yassine Belhadaoui				Zaanstad (SG)		NT	200003531	7:00.03
	50m: 44.98	100m: 1:37.88	200m: 3:22.38	400m: 7:00.03					
11.	Tim van Deursen				Zwemvereniging Hoorn		NT	200003957	7:08.96
	50m: 45.46	100m: 1:38.22	200m: 3:25.07	400m: 7:08.96					
12.	Jarno Groen				OEZA		NT	200102263	7:10.93
	50m: 46.90	100m: 1:42.32	200m: 3:35.40	400m: 7:10.93					

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Programmanr. 7, Jongens, 400m vrije slag, Minioren 5 en 6

Rang							In.tijd	Tijd	
13.	Rick Moens			Oceanus			NT	200101007	7:15.02
	50m:	47.15	100m:	1:41.69	200m:	3:33.86	400m:	7:15.02	
14.	Stefan Woudsma			OEZA			NT	200003437	7:17.35
	50m:	48.44	100m:	1:45.16	200m:	3:36.98	400m:	7:17.35	
15.	Anvar Veldt			De Dolfijn			7:02.84	200100281	7:42.35
	50m:	50.11	100m:	1:51.06	200m:	3:50.14	400m:	7:42.35	
16.	Tobias van den Nieuwendijk			Zv Aquarius			7:56.40	200100747	7:47.51
	50m:	51.40	100m:	1:52.18	200m:	3:53.86	400m:	7:47.51	
17.	Ivar Kramer			Zaanstad (SG)			NT	200101647	8:29.88
	50m:	55.83	100m:	1:59.18	200m:	4:10.39	400m:	8:29.88	

Programmanr. 8
16-10-2011

Dames, 800m vrije slag

Junioren 2 en ouder
Resultaten

Rang							In.tijd	Tijd	
1.	Alice Bravo			Het Y			9:35.50	198705346	9:31.07
	50m:	32.46	100m:	1:07.18	200m:	2:17.68	400m:	4:40.84	800m: 9:31.07
2.	Brenda Zwarthoed			DAW			9:45.39	199604938	9:44.79
	50m:	32.15	100m:	1:07.15	200m:	2:18.56	400m:	4:45.85	800m: 9:44.79
3.	Serena Stel			De Dolfijn			9:50.54	199801528	9:46.78
	50m:	33.85	100m:	1:11.26	200m:	2:25.09	400m:	4:55.13	800m: 9:46.78
4.	Tamara Grove			Oceanus			9:59.22	199601266	9:47.75
	50m:	34.21	100m:	1:11.34	200m:	2:26.20	400m:	4:54.74	800m: 9:47.75
5.	Chantal Grove			Oceanus			10:01.42	199401844	9:56.40
	50m:	34.67	100m:	1:12.27	200m:	2:28.09	400m:	4:59.52	800m: 9:56.40
6.	Melissa Zwaan			DAW			9:57.07	199103666	9:59.01
	50m:	32.31	100m:	1:08.28	200m:	2:21.87	400m:	4:52.39	800m: 9:59.01
7.	Linda Crok			OEZA			10:29.43	199401068	10:11.36
	50m:	34.03	100m:	1:10.30	200m:	2:24.96	400m:	4:58.92	800m: 10:11.36
8.	Noa Oldenhof			De Dolfijn			10:31.05	199700622	10:12.86
	50m:	34.14	100m:	1:10.88	200m:	2:28.28	400m:	5:04.28	800m: 10:12.86
9.	Ramona Vuijst			De Otters Het Gooi			10:23.50	199300828	10:27.87
	50m:	34.89	100m:	1:13.09	200m:	2:30.24	400m:	5:08.87	800m: 10:27.87
10.	Ingrid Jongert			A.Z.V.D.			10:50.36	199101490	10:33.44
	50m:	32.12	100m:	1:08.74	200m:	2:25.71	400m:	5:05.87	800m: 10:33.44
11.	Silke Jonk			DAW			11:30.57	199802042	10:34.90
	50m:	36.01	100m:	1:15.29	200m:	2:34.66	400m:	5:15.79	800m: 10:34.90
12.	Rafaëlla van Nee			De Dolfijn			10:56.69	199900358	10:38.59
	50m:	35.21	100m:	1:13.90	200m:	2:35.37	400m:	5:19.08	800m: 10:38.59
13.	Eva van der Born			Oceanus			10:49.51	199702380	10:39.49
	50m:	35.19	100m:	1:13.34	200m:	2:32.65	400m:	5:16.25	800m: 10:39.49
14.	Rebecca Martens			DAW			10:50.18	199604352	10:40.91
	50m:	36.26	100m:	1:15.64	200m:	3:17.21	400m:	5:58.68	800m: 10:40.91
15.	Lisa Brantjes			Kzc			10:34.13	199800950	10:43.99
	50m:	36.99	100m:	1:15.95	200m:	2:37.00	400m:	5:18.71	800m: 10:43.99
16.	Tess de Boer			DAW			13:56.56	199601516	10:45.75
	50m:	35.11	100m:	1:14.36	200m:	2:34.88	400m:	5:19.56	800m: 10:45.75

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 8, Dames, 800m vrije slag, Junioren 2 en ouder

Rang					In.tijd		Tijd
17.	Lisanne van Zijl		Zaanstad (SG)	11:06.45	199505454	10:47.80	
	50m: 33.80	100m: 1:13.52	200m: 2:34.74	400m: 5:19.00	800m: 10:47.80		
18.	Moesha Wartes		De Dolfijn	10:59.03	199901724	10:52.07	
	50m: 35.92	100m: 1:15.61	200m: 2:37.80	400m: 5:22.70	800m: 10:52.07		
19.	Robin Pagano Mirani		Oceanus	10:33.99	199502556	10:52.63	
	50m: 36.84	100m: 1:16.01	200m: 2:36.69	400m: 5:20.22	800m: 10:52.63		
20.	Chantal Beijer		ZV Haerlem	11:18.52	199700884	10:53.25	
	50m: 36.35	100m: 1:16.40	200m: 2:39.68	400m: 5:26.29	800m: 10:53.25		
21.	Anne Noom		DAW	11:41.67	199800062	10:54.23	
	50m: 35.14	100m: 1:14.55	200m: 2:36.10	400m: 5:21.89	800m: 10:54.23		
22.	Maxine Alfonsi		DAW	10:55.41	199502900	10:54.37	
	50m: 35.05	100m: 1:13.00	200m: 2:34.01	400m: 5:18.93	800m: 10:54.37		
23.	Melina Knol		Zaanstad (SG)	10:56.91	199802232	11:00.24	
	50m: 33.41	100m: 1:14.84	200m: 2:36.29	400m: 5:22.34	800m: 11:00.24		
24.	Anne Groen		OEZA	11:33.97	199505996	11:03.36	
	50m: 34.99	100m: 1:13.51	200m: 2:35.41	400m: 5:24.09	800m: 11:03.36		
25.	Romy Willemsen		A.Z.V.D.	10:54.39	199303982	11:03.91	
	50m: 36.53	100m: 1:16.55	200m: 2:36.96	400m: 5:23.33	800m: 11:03.91		
26.	Marit Plat		Oceanus	NT	199407396	11:04.04	
	50m: 37.60	100m: 1:19.28	200m: 2:44.89	400m: 5:32.94	800m: 11:04.04		
27.	Mariska van Engeldorp		Zv Aquarius	10:29.48	199502326	11:04.73	
	50m: 34.37	100m: 1:12.28	200m: 2:34.19	400m: 5:23.58	800m: 11:04.73		
28.	Sandra Zwaanswijk		DAW	11:28.10	198503934	11:06.28	
	50m: 35.37	100m: 1:14.00	200m: 2:36.50	400m: 5:27.78	800m: 11:06.28		
29.	Tamara Uijtewaal		Zaanstad (SG)	11:41.90	199404852	11:07.09	
	50m: 36.42	100m: 1:15.41	200m: 2:37.50	400m: 5:27.88	800m: 11:07.09		
30.	Elise Dekker		De Dolfijn	10:56.70	199700976	11:08.72	
	50m: 36.18	100m: 1:15.92	200m: 2:38.79	400m: 5:26.72	800m: 11:08.72		
31.	Bibi Stokvis		DAW	13:28.96	199900892	11:18.04	
	50m: 37.28	100m: 1:19.14	200m: 2:46.14	400m: 5:39.64	800m: 11:18.04		
32.	Kyra Wijnger		MSV- Zeemacht	12:49.63	199803342	11:18.34	
	50m: 38.84	100m: 1:22.15	200m: 2:50.21	400m: 5:45.50	800m: 11:18.34		
33.	Denise Boonstra		DAW	13:56.61	199902662	11:18.79	
	50m: 37.56	100m: 1:20.41	200m: 2:47.98	400m: 5:44.42	800m: 11:18.79		
34.	Kelsey Okkers		Zaanstad (SG)	11:26.67	199801062	11:19.01	
	50m: 37.11	100m: 1:17.95	200m: 2:44.64	400m: 5:38.15	800m: 11:19.01		
35.	Dieuwertje Jorink		DAW	10:26.59	199302306	11:26.73	
	50m: 35.13	100m: 1:14.58	200m: 2:39.22	400m: 5:34.41	800m: 11:26.73		
36.	Yvanna Zuurveld		DAW	11:32.08	199702998	11:26.91	
	50m: 37.08	100m: 1:17.93	200m: 2:43.40	400m: 5:39.53	800m: 11:26.91		
37.	Luca Ebbinge		Oceanus	12:47.87	199802406	11:27.36	
	50m: 38.31	100m: 1:20.43	200m: 2:47.86	400m: 5:45.75	800m: 11:27.36		
38.	Marieke de Rooij		W.Z. & P.C. Triton	11:07.02	199501674	11:30.09	
	50m: 37.24	100m: 1:19.53	200m: 2:48.10	400m: 5:47.44	800m: 11:30.09		
39.	Aïcha Croes		De Dolfijn	11:51.62	199803338	11:32.77	
	50m: 38.80	100m: 1:21.98	200m: 2:49.09	400m: 5:45.22	800m: 11:32.77		
40.	Naomi te Lindert		DAW	NT	199904782	11:37.16	
	50m: 38.82	100m: 1:21.72	200m: 2:49.53	400m: 5:47.12	800m: 11:37.16		

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 8, Dames, 800m vrije slag, Junioren 2 en ouder

Rang					In.tijd		Tijd
41.	Carmen Roskam			Oceanus	11:34.67	199603562	11:39.93
	50m: 36.35	100m: 1:18.12	200m: 2:43.09	400m: 5:39.32	800m: 11:39.93		
42.	Sabrin el Bacha			De Dolfijn	NT	199900548	11:40.18
	50m: 39.25	100m: 1:21.96	200m: 2:49.96	400m: 5:47.39	800m: 11:40.18		
43.	Fabiënne Vork			Oceanus	NT	199902494	11:49.72
	50m: 37.94	100m: 1:19.62	200m: 2:48.19	400m: 5:49.22	800m: 11:49.72		
44.	Sandra Schoonderwoerd			W.Z. & P.C. Triton	11:30.00	199702104	11:50.62
	50m: 37.43	100m: 1:18.95	200m: 2:47.12	400m: 5:46.57	800m: 11:50.62		
45.	Cheryl Zethof			Oceanus	11:43.90	199801314	11:53.30
	50m: 39.21	100m: 1:22.72	200m: 2:51.40	400m: 5:53.89	800m: 11:53.30		
46.	Linda Böhm			ZV Haerlem	12:09.10	199703164	11:53.64
	50m: 39.46	100m: 1:23.19	200m: 2:52.72	400m: 5:55.47	800m: 11:53.64		
47.	Myrthe van Beek			DAW	14:45.37	199901074	11:55.05
	50m: 38.11	100m: 1:21.33	200m: 2:50.30	400m: 5:52.56	800m: 11:55.05		
48.	Kimberley Kort			DAW	13:12.69	199804698	11:55.19
	50m: 37.63	100m: 1:20.79	200m: 2:49.62	400m: 5:52.23	800m: 11:55.19		
49.	Simone Huisman			Oceanus	12:30.51	199802402	12:02.46
	50m: 40.20	100m: 1:23.61	200m: 2:53.67	400m: 5:56.98	800m: 12:02.46		
50.	Anouk van Noord			Oceanus	12:03.56	199901294	12:04.54
	50m: 36.06	100m: 1:17.98	200m: 2:49.23	400m: 5:54.70	800m: 12:04.54		
51.	Leonie Vos			DAW	13:51.39	199901662	12:20.45
	50m: 39.88	100m: 1:26.10	200m: 2:59.29	400m: 6:09.97	800m: 12:20.45		
52.	Tess Pagano Mirani			Oceanus	12:55.72	199902102	12:24.76
	50m: 40.07	100m: 1:25.42	200m: 2:59.16	400m: 6:11.00	800m: 12:24.76		
53.	Esther Beerling			W.Z. & P.C. Triton	12:08.92	198400120	12:29.72
	50m: 40.51	100m: 1:24.78	200m: 2:58.26	400m: 6:06.38	800m: 12:29.72		
54.	Aurian Veldt			De Dolfijn	12:33.58	199901758	12:39.87
	50m: 41.05	100m: 1:28.28	200m: 3:04.26	400m: 6:18.20	800m: 12:39.87		
55.	Isabel van den Nieuwendijk			Zv Aquarius	13:49.96	199803222	12:55.42
	50m: 40.11	100m: 1:26.36	200m: 3:03.20	400m: 6:23.11	800m: 12:55.42		
56.	Nienke van der Zee			W.Z. & P.C. Triton	12:30.00	199802808	12:57.47
	50m: 41.47	100m: 1:27.86	200m: 3:05.71	400m: 6:24.47	800m: 12:57.47		
57.	Becky Vendel			De Reuring	NT	199604654	13:15.50
	50m: 40.50	100m: 1:24.73	200m: 2:59.47	400m: 6:21.41	800m: 13:15.50		
58.	Jessie Meijer			Kzc	NT	199905252	14:08.89
	50m: 44.22	100m: 1:33.70	200m: 3:19.29	400m: 6:57.48	800m: 14:08.89		
AFGEM	Femke Stevens			Zaanstad (SG)	12:40.75	199901546	
AFGEM	Ilham Taj-dine			Zaanstad (SG)	14:08.22	199803532	
NG	Lotte Hoogeterp			DAW	11:54.78	199703878	

LAC 1e ronde
Zaandam, 16-10-2011

Programmanr. 9
16-10-2011

Heren, 800m vrije slag

Junioren 1 en ouder
Resultaten

Rang					In.tijd				Tijd
1.	Daan Glorie			Het Y	8:53.27	198801115		8:44.56	
	50m: 30.11	100m: 1:02.42	200m: 2:08.40	400m: 4:21.33	800m: 8:44.56				
2.	Jan-Willem v.d. Graaff			Het Y	8:58.84	198901023		8:56.70	
	50m: 31.64	100m: 1:05.28	200m: 2:13.49	400m: 4:28.64	800m: 8:56.70				
3.	Lars Haarsma			De Dolfijn	9:19.77	199600745		9:11.14	
	50m: 30.89	100m: 1:04.62	200m: 2:12.39	400m: 4:30.82	800m: 9:11.14				
4.	Thom de Boer			DAW	9:36.65	199100181		9:18.88	
	50m: 30.85	100m: 1:04.25	200m: 2:13.13	400m: 4:34.13	800m: 9:18.88				
5.	Fred Smink			De Otters Het Gooi	9:05.78	199104519		9:21.88	
	50m: 30.85	100m: 1:03.98	200m: 2:12.97	400m: 4:33.99	800m: 9:21.88				
6.	Michael van Dam			Hpc	9:22.36	9401501		9:23.00	
	50m: 30.25	100m: 1:03.61	200m: 2:13.13	400m: 4:35.74	800m: 9:23.00				
7.	Thomas Verouden			Oceanus	10:03.02	199602855		9:33.12	
	50m: 31.37	100m: 1:05.79	200m: 2:17.61	400m: 4:43.17	800m: 9:33.12				
	Tim Bunnik			W.Z. & P.C. Triton	9:23.76	199000505		9:33.12	
	50m: 31.59	100m: 1:05.63	200m: 2:17.09	400m: 4:43.36	800m: 9:33.12				
	Frans Bijl			Het Y	9:37.60	199401319		9:33.12	
	50m: 31.68	100m: 1:06.59	200m: 2:18.43	400m: 4:41.65	800m: 9:33.12				
10.	Sander van Elburg			Het Y	9:28.76	198800937		9:36.86	
	50m: 31.38	100m: 1:05.22	200m: 2:15.01	400m: 4:42.58	800m: 9:36.86				
11.	Barry Kleijne			OEZA	9:33.95	199300661		9:36.89	
	50m: 31.08	100m: 1:04.79	200m: 2:15.03	400m: 4:44.29	800m: 9:36.89				
12.	Lars van der Velden			DAW	10:10.13	199800175		9:38.08	
	50m: 31.36	100m: 1:07.33	200m: 2:20.88	400m: 4:48.31	800m: 9:38.08				
13.	Mart de Boer			DAW	9:38.29	199303589		9:47.61	
	50m: 31.29	100m: 1:06.81	200m: 2:20.69	400m: 4:51.94	800m: 9:47.61				
14.	Kevin Schaaf			ZV Haerlem	10:36.86	199602603		9:48.76	
	50m: 32.73	100m: 1:08.91	200m: 2:22.75	400m: 4:51.89	800m: 9:48.76				
15.	Christiaan Zwaal			MSV- Zeemacht	10:23.84	199503881		9:49.57	
	50m: 32.89	100m: 1:10.01	200m: 2:25.00	400m: 4:56.67	800m: 9:49.57				
16.	Martijn de Mercado			Oceanus	10:02.43	199502213		9:49.78	
	50m: 32.67	100m: 1:08.95	200m: 2:21.92	400m: 4:50.98	800m: 9:49.78				
17.	Jasper Falk			DAW	9:13.69	199502785		9:51.16	
	50m: 31.74	100m: 1:06.57	200m: 2:18.66	400m: 4:45.22	800m: 9:51.16				
18.	Jeljer Aldershof			ZV Haerlem	NT	199800719		9:51.75	
	50m: 32.38	100m: 1:08.92	200m: 2:23.67	400m: 4:54.68	800m: 9:51.75				
19.	Wessel de Jong			Oceanus	10:21.52	199601447		9:56.25	
	50m: 33.20	100m: 1:10.51	200m: 2:26.74	400m: 4:58.30	800m: 9:56.25				
20.	Roy van der Woude			ZV Haerlem	10:48.48	199700579		10:06.18	
	50m: 35.17	100m: 1:12.63	200m: 2:28.56	400m: 5:01.61	800m: 10:06.18				
21.	Arjan Bellaart			Oceanus	10:13.51	196900079		10:06.60	
	50m: 33.21	100m: 1:10.11	200m: 2:25.71	400m: 4:58.62	800m: 10:06.60				
22.	Bart Sommeling			Oceanus	10:37.76	199800765		10:10.26	
	50m: 33.93	100m: 1:11.54	200m: 2:29.93	400m: 5:05.26	800m: 10:10.26				
23.	Sander Kirillova			De Dolfijn	10:34.37	199800121		10:11.82	
	50m: 34.01	100m: 1:11.70	200m: 2:29.70	400m: 5:05.80	800m: 10:11.82				

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Rang					In.tijd		Tijd
24.	Jeroen Jongert			A.Z.V.D.	11:08.76	199600445	10:17.72
	50m: 34.36	100m: 1:12.42	200m: 2:30.66	400m: 5:09.60	800m: 10:17.72		
25.	Dani Hoetmer			DAW	11:53.50	199604503	10:18.72
	50m: 33.76	100m: 1:11.55	200m: 2:29.27	400m: 5:06.40	800m: 10:18.72		
26.	Martijn Falk			DAW	10:49.46	199601457	10:20.14
	50m: 34.95	100m: 1:13.45	200m: 2:31.51	400m: 5:07.01	800m: 10:20.14		
27.	Ingmar Bakker			A.Z.V.D.	10:44.79	199800493	10:23.40
	50m: 33.73	100m: 1:11.75	200m: 2:30.04	400m: 5:08.62	800m: 10:23.40		
28.	Menno Koolhaas			Oceanus	11:13.10	199505863	10:31.55
	50m: 34.33	100m: 1:12.55	200m: 2:31.97	400m: 5:12.64	800m: 10:31.55		
29.	Gerben Rozie			MSV- Zeemacht	10:51.28	199002507	10:33.76
	50m: 35.30	100m: 1:13.37	200m: 2:33.22	400m: 5:14.75	800m: 10:33.76		
30.	Jordi de Nijs			MSV- Zeemacht	12:08.97	199801851	10:36.78
	50m: 33.46	100m: 1:13.36	200m: 2:34.77	400m: 5:18.07	800m: 10:36.78		
31.	Rick de Mercado			Oceanus	10:41.06	199700673	10:39.69
	50m: 34.98	100m: 1:13.98	200m: 2:34.63	400m: 5:18.60	800m: 10:39.69		
32.	Bonk Stout			De Dolfijn	11:40.68	199902181	10:41.57
	50m: 35.90	100m: 1:14.93	200m: 2:35.32	400m: 5:14.51	800m: 10:41.57		
33.	Wesley Bos			Hpc	11:14.29	9901241	10:43.38
	50m: 35.11	100m: 1:13.67	200m: 2:32.61	400m: 5:15.78	800m: 10:43.38		
34.	Martijn van der Zwaard			Oceanus	11:23.20	199602343	10:49.15
	50m: 34.60	100m: 1:12.69	200m: 2:33.57	400m: 5:19.37	800m: 10:49.15		
35.	Kristian Stam			Zaanstad (SG)	10:17.80	199102187	10:49.80
	50m: 34.61	100m: 1:11.47	200m: 2:30.17	400m: 5:14.64	800m: 10:49.80		
36.	Danny Fabian Groen			WZ&PC Purmerend	11:25.49	199703033	10:50.48
	50m: 36.11	100m: 1:15.35	200m: 2:35.34	400m: 5:26.96	800m: 10:50.48		
37.	Sam Haring			Zwemvereniging Hoorn	11:00.99	199901491	10:57.69
	50m: 35.61	100m: 1:14.97	200m: 2:35.67	400m: 5:21.58	800m: 10:57.69		
38.	Mark Bunnik			W.Z. & P.C. Triton	10:30.00	199200183	10:58.60
	50m: 33.86	100m: 1:12.91	200m: 2:34.36	400m: 5:22.68	800m: 10:58.60		
39.	Robin Stammes			De Reuring	10:53.30	199202809	11:07.34
	50m: 34.75	100m: 1:13.09	200m: 2:32.65	400m: 5:19.31	800m: 11:07.34		
40.	Nick van Nijburg			De Otters Het Gooi	NT	199902169	11:08.53
	50m: 37.94	100m: 1:19.50	200m: 2:44.81	400m: 5:35.90	800m: 11:08.53		
41.	Casper Gras			Zaanstad (SG)	10:50.91	199200403	11:15.25
	50m: 34.28	100m: 1:12.89	200m: 2:35.18	400m: 5:28.11	800m: 11:15.25		
42.	Remco Joukes			W.Z. & P.C. Triton	10:29.00	198801763	11:16.11
	50m: 33.96	100m: 1:12.40	200m: 2:32.43	400m: 5:24.43	800m: 11:16.11		
43.	Danny Schmidt			Zaanstad (SG)	11:51.41	199602311	11:18.26
	50m: 36.98	100m: 1:18.01	200m: 2:42.01	400m: 5:32.95	800m: 11:18.26		
44.	Erno Vriens			Zaanstad (SG)	12:33.26	199902587	11:21.37
	50m: 38.68	100m: 1:20.24	200m: 2:46.77	400m: 5:40.30	800m: 11:21.37		
45.	Daan Sommeling			Oceanus	11:50.31	199900767	11:23.30
	50m: 36.24	100m: 1:16.93	200m: 2:42.72	400m: 5:41.41	800m: 11:23.30		
46.	Matthijs Helling			Oceanus	11:40.92	199601043	11:24.98
	50m: 35.14	100m: 1:14.29	200m: 2:38.01	400m: 5:33.84	800m: 11:24.98		
47.	Mike Morianner			Kzc	11:55.84	199902137	11:41.77
	50m: 38.60	100m: 1:21.21	200m: 2:50.25	400m: 5:53.03	800m: 11:41.77		

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Rang					In.tijd		Tijd
48.	Paul Bunnik			W.Z. & P.C. Triton	11:15.52	195600413	11:58.22
	50m: 36.49	100m: 1:17.35	200m: 2:45.08	400m: 5:51.76	800m: 11:58.22		
49.	Kaj van der Pal			Kzc	12:12.92	199902135	12:17.05
	50m: 41.32	100m: 1:25.43	200m: 2:59.61	400m: 6:07.72	800m: 12:17.05		
50.	Olaf van der Zwaard			Oceanus	14:53.34	199802777	12:34.98
	50m: 40.99	100m: 1:26.12	200m: 3:00.61	400m: 6:13.79	800m: 12:34.98		
51.	Gerard Hoedjes			DAW	NT	198701363	12:38.85
	50m: 35.04	100m: 1:14.61	200m: 2:43.65	400m: 6:00.95	800m: 12:38.85		
52.	Raoul Lieverst			Zaanstad (SG)	13:05.94	199900713	12:44.82
	50m: 39.19	100m: 1:24.97	200m: 3:01.52	400m: 6:19.53	800m: 12:44.82		
53.	Gijs v.d. Woord			Hpc	13:57.15	9700059	12:45.68
	50m: 39.44	100m: 1:25.91	200m: 3:02.41	400m: 6:18.06	800m: 12:45.68		
54.	Daan In de Braekt			Zaanstad (SG)	14:07.69	199900571	13:11.92
	50m: 41.80	100m: 1:30.08	200m: 3:10.19	400m: 6:34.00	800m: 13:11.92		
55.	Mitchell Gonesh			Oceanus	NT	199900765	13:18.30
	50m: 42.50	100m: 1:32.25	200m: 3:13.88	400m: 6:39.75	800m: 13:18.30		
56.	Joppe van Beek			DAW	15:17.30	199900627	13:19.61
	50m: 42.73	100m: 1:32.19	200m: 3:13.76	400m: 6:39.90	800m: 13:19.61		
57.	Sven Martens			Kzc	14:11.29	199801445	13:37.80
	50m: 47.13	100m: 1:37.60	200m: 3:20.63	400m: 6:47.05	800m: 13:37.80		
58.	Barry van Engeldorp			Zv Aquarius	14:37.29	199900089	14:09.69
	50m: 44.78	100m: 1:34.26	200m: 3:21.68	400m: 7:02.96	800m: 14:09.69		
59.	Hugo van Wezenbeek			Kzc	NT	199804157	14:38.82
	50m: 46.43	100m: 1:37.94	200m: 3:26.36	400m: 7:12.43	800m: 14:38.82		
DIS	Simon Koopen			WZ&PC Purmerend	11:14.29	199802127	AF
	<i>AF - De aangegeven afstand niet uitgezwommen (geen tijden noteren).</i>						
AFGEM	Tim Wassenaar			Zaanstad (SG)	12:54.65	199901869	
AFGEM	Stefan Tijms			OEZA	10:48.53	199300863	